Bioanalysis

MACHEREY-NAGEL

# User manual

## Total RNA isolation from FFPE Samples

- NucleoSpin® totalRNA FFPE
- NucleoSpin® totalRNA FFPE XS

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# Total RNA from FFPE samples
## Protocol at a glance (Rev. 08) – page 1

| | NucleoSpin® totalRNA FFPE | NucleoSpin® totalRNA FFPE XS |
|---|---|---|
| **1 Sample preparation** | Insert FFPE section(s) in a microcentrifuge tube | Insert FFPE section(s) in a microcentrifuge tube |
| **2 Deparaffinize sample** |  1 mL Paraffin Dissolver<br>56 °C, 5 min<br>Vortex hot sample |  1 mL Paraffin Dissolver<br>56 °C, 5 min<br>Vortex hot sample |
| |  16,000 x *g*, 2 min |  16,000 x *g*, 2 min |
| |  170 µL MLF<br>16,000 x *g*, 2 min |  140 µL MLF<br>16,000 x *g*, 2 min |
| | Remove Paraffin Dissolver | Remove Paraffin Dissolver |
| **3 Lyse sample A** Quick protocol (perform method 3A or 3B) |  15 µL Proteinase K<br>Mix gently<br>56 °C, 15 min |  12 µL Proteinase K<br>Mix gently<br>56 °C, 15 min |
| |  15 µL MKA<br>Vortex<br>0 °C, 5 min |  12 µL MKA<br>Vortex<br>0 °C, 5 min |
| |  16,000 x *g*, 5 min |  16,000 x *g*, 5 min |
| |  Transfer sample<br>80 °C, 15 min |  Transfer sample<br>80 °C, 15 min |
| **Lyse sample B** Protocol for difficult to lyse cells (perform method 3A or 3B) |  15 µL Proteinase K<br>Mix gently<br>56 °C, 90 min |  12 µL Proteinase K<br>Mix gently<br>56 °C, 90 min |
| |  15 µL MKA<br>Vortex<br>0 °C, 5 min |  12 µL MKA<br>Vortex<br>0 °C, 5 min |
| |  16,000 x *g*, 5 min |  16,000 x *g*, 5 min |
| |  Transfer sample |  Transfer sample |
| **4 Adjust binding conditions** |  500 µL MX<br>Vortex<br>RT, 1 min |  400 µL MX<br>Vortex<br>RT, 1 min |

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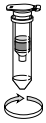
# Total RNA from FFPE samples
## Protocol at a glance (Rev. 08) – page 2

| | NucleoSpin® totalRNA FFPE | | NucleoSpin® totalRNA FFPE XS | |
|---|---|---|---|---|
| **5 Bind RNA** |  | Load sample<br>16,000 x *g*, 15 s |  | Load sample<br>16,000 x *g*, 15 s |
| **6 Wash and dry silica membrane** | 1st  | 700 µL MW2<br>16,000 x *g*, 15 s | 1st  | 400 µL MW2<br>16,000 x *g*, 15 s |
| | 2nd  | 250 µL MW2<br>16,000 x *g*, 1 min | 2nd  | 200 µL MW2<br>16,000 x *g*, 1 min |
| **7 *Optional: Digest DNA*** |  | 50 µL rDNase<br>RT, 15 min |  | 25 µL rDNase<br>RT, 15 min |
| |  | 100 µL MX<br>RT, 1 min<br>16,000 x *g*, 15 s |  | 50 µL MX<br>RT, 1 min<br>16,000 x *g*, 15 s |
| | 1st  | 700 µL MW2<br>16,000 x *g*, 15 s | 1st  | 400 µL MW2<br>16,000 x *g*, 15 s |
| | 2nd  | 250 µL MW2<br>16,000 x *g*, 1 min | 2nd  | 200 µL MW2<br>16,000 x *g*, 5 min |
| **8 Elute highly pure RNA** |  | 30–50 µL<br>RNase-free $H_2O$<br>RT, 1 min<br>16,000 x *g*, 1 min |  | 5–30 µL<br>RNase-free $H_2O$<br>RT, 1 min<br>16,000 x *g*, 1 min |

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# 1 Components

## 1.1 Kit contents

| | NucleoSpin® totalRNA FFPE | | |
|---|---|---|---|
| **REF** | **10 preps 740982.10** | **50 preps 740982.50** | **250 preps 740982.250** |
| Paraffin Dissolver | 15 mL | 60 mL | 3 x 100 mL |
| Lysis Buffer MLF | 10 mL | 10 mL | 50 mL |
| Precipitation Buffer MKA | 1 mL | 1 mL | 10 mL |
| Binding Buffer MX | 13 mL | 60 mL | 250 mL |
| Reaction Buffer for rDNase | 7 mL | 7 mL | 30 mL |
| Wash Buffer MW2 (Concentrate)* | 6 mL | 25 mL | 100 mL |
| RNase-free $H_2O$ | 13 mL | 13 mL | 13 mL |
| rDNase, RNase-free (lyophilized)* | 1 vial (size A) | 1 vial (size C) | 5 vials (size C) |
| Liquid Proteinase K | 0.6 mL | 0.8 mL | 5 mL |
| NucleoSpin® RNA Columns (light blue rings) | 10 | 50 | 250 |
| Collection Tubes (2 mL) | 10 | 50 | 250 |
| Collection Tubes (1.5 mL) | 10 | 50 | 250 |
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* For preparation of working solutions and storage conditions see section 3.

## Kit contents *continued*

| | NucleoSpin® totalRNA FFPE XS | | |
|---|---|---|---|
| **REF** | **10 preps 740969.10** | **50 preps 740969.50** | **250 preps 740969.250** |
| Paraffin Dissolver | 15 mL | 60 mL | 3 x 100 mL |
| Lysis Buffer MLF | 10 mL | 10 mL | 50 mL |
| Precipitation Buffer MKA | 1 mL | 1 mL | 10 mL |
| Binding Buffer MX | 13 mL | 60 mL | 250 mL |
| Reaction Buffer for rDNase | 7 mL | 7 mL | 30 mL |
| Wash Buffer MW2 (Concentrate)* | 6 mL | 25 mL | 100 mL |
| RNase-free $H_2O$ | 13 mL | 13 mL | 13 mL |
| rDNase, RNase-free (lyophilized)* | 1 vial (size A) | 1 vial (size C) | 3 vials (size C) |
| Liquid Proteinase K | 0.2 mL | 0.8 mL | 3 x 1.25 mL |
| NucleoSpin® RNA FFPE XS Columns (light blue rings) | 10 | 50 | 250 |
| Collection Tubes (2 mL) | 10 | 50 | 250 |
| Collection Tubes (1.5 mL) | 10 | 50 | 250 |
| User manual | 1 | 1 | 1 |

* For preparation of working solutions and storage conditions see section 3.

## 1.2 Reagents, consumables, and equipment to be supplied by user

Reagents

- 96–100 % ethanol (preferably undenaturated ethanol)

Consumables

- 1.5 mL microcentrifuge tubes (for sample lysis)
- Disposable pipette tips

Equipment

- Manual pipettors
- Centrifuge for microcentrifuge tubes
- Vortex mixer
- Thermal heating-block (adjustable to 56 °C and 80 °C)
- Personal protection equipment (lab coat, gloves, goggles)

## 1.3 About this user manual

It is strongly recommended that first time users of **NucleoSpin® totalRNA FFPE (XS)** kit read the detailed protocol sections of this user manual. Experienced users, however, may refer to the Protocol at a glance instead. The Protocol at a glance is designed to be used only as a supplemental tool for quick referencing while performing the purification procedure.

All technical literature is available on the internet at ***www.mn-net.com***.

Please contact Technical Service regarding information about changes of the current user manual compared to previous revisions.

# 2 Product description

Formalin-fixed and paraffin-embedded (FFPE) tissue is commonly used in histopathological analysis. Recently, there is more and more interest in also investigating DNA modifications, RNA expression or miRNA profiles of old, archived FFPE samples. However, fixation, embedding and storage lead to crosslinking and fragmentation of RNA. Especially crosslinks cannot be detected by standard quality control assays, such as gel electrophoresis, spectrophotometry or microfluidic analysis, but the efficiency of enzymatic reactions is significantly reduced, for example in RT-PCR. Standard RNA purification procedures do not remove these chemical modifications and therefore result in low RNA yield or poor downstream application performance. The **NucleoSpin® totalRNA FFPE (XS)** procedure implements buffers and procedural steps to efficiently decrosslink nucleic acids and yield high quality RNA for the most demanding applications.

## 2.1 The basic principle

The **NucleoSpin® totalRNA FFPE (XS)** kits provide a convenient, reliable, and fast method to isolate RNA from formalin-fixed, paraffin-embedded (FFPE) tissue. Paraffin Dissolver (patent pending) enables an efficient deparaffinization of the sample.

The tissue sample is then heat incubated with Proteinase K to digest the fixed tissue, release nucleic acids, and gently remove crosslinks. Optimal binding conditions for even small RNA (e.g., miRNA) are adjusted and the lysate is applied to the **NucleoSpin® RNA Column / NucleoSpin® RNA FFPE XS Column**. RNA is bound to the silica membrane. Residual DNA remaining on the membrane is removed by convenient on-column rDNase digestion. Washing steps remove salts, metabolites, and macromolecular cellular components. Pure RNA is finally eluted in a small volume of RNase-free water, yielding highly concentrated RNA.

Nucleic acid preparation using **NucleoSpin® totalRNA FFPE (XS)** can be performed at room temperature. The eluate, however, should be treated with care. RNA is very sensitive to trace contaminations of RNases, often found on general lab ware, fingerprints, and dust. To ensure RNA stability keep RNA frozen at -20 °C for short-term or -70 °C for long-term storage.

## 2.2 Kit specifications

**NucleoSpin® totalRNA FFPE (XS)** is recommended for the isolation of total RNA from formalin-fixed, paraffin-embedded (FFPE) tissue samples, typically as thin sections (approx. 3–20 µm thickness). Formalin-fixed samples which are not embedded in paraffin can also be used as sample material by omitting the deparaffinization steps.

**The sample size** can be up to ~10 sections (1–20 µm) of FFPE. The amount of embedded tissue can be up to 50 mg for **NucleoSpin® totalRNA FFPE** or up to 5 mg for **NucleoSpin® totalRNA FFPE XS** (1 x 10 µm section with 1 $cm^2$ tissue is approximately 1 mg).

**RNA yield** strongly depends on sample type, quality, and amount. Furthermore, the procedures of tissue sampling, post sampling delay before fixation, fixation time, embedding, and storage conditions have a high impact on RNA quality and yield. For more details see, for example, Chung J.Y. et al. (2008); van Maldegem F. et al. (2008); von Ahlfen S. et al. (2007); Castiglione F. et al. (2007); Leyland-Jones B.R. et al. (2008).

**RNA concentration:** RNA can be eluted highly concentrated and ready to use in a small volume of 30–50 µL **(NucleoSpin® totalRNA FFPE)** or even 5–30 µL **(NucleoSpin® totalRNA FFPE XS)**.

**RNA size distribution:** RNA isolated from formalin-fixed, paraffin-embedded tissue shows size distribution from 15 to 5,000 bases. Often short sized RNA from ca. 100– 300 bases predominate, especially when the sample material is old. However, samples which were subjected to good tissue fixation, embedding, and storage conditions can yield RNA even larger than 5,000 bases.

**RNA integrity:** RNA Integrity Numbers (RIN) according to Agilent 2100 Bioanalyzer assays depend on sample type and quality. In general the quality of RNA extracted from FFPE samples is poor. Typical RIN of RNA isolated with NucleoSpin® totalRNA FFPE (XS) kits are in range of 2–6.

**rDNase** is supplied with the kit for a convenient removal of DNA by on-column digestion. For more demanding downstream applications, DNA can also be digested in solution as described in section 5.2.

**Table 1: Kit specifications at a glance**

| Parameter | NucleoSpin® totalRNA FFPE | NucleoSpin® totalRNA FFPE XS |
|---|---|---|
| Technology | Silica membrane technology | Silica membrane technology |
| Format | Mini spin columns | Mini spin columns – XS design |
| Sample material | Up to ~10 sections with up to 50 mg of tissue | Up to ~10 sections with up to 5 mg of tissue |
| Typical yield | Strongly depends on sample quality and amount | Strongly depends on sample quality and amount |
| Elution volume | 30–50 µL | 5–30 µL |
| Preparation time | 70 min/6 preps (90 min including optional rDNase digest) | 70 min/6 preps (90 min including optional rDNase digest) |

# 3 Storage conditions and preparation of working solutions

Storage conditions:

- Store lyophilized rDNase at 4 °C upon arrival (stable until: see package label).
- All other kit components should be stored at room temperature (15–25 °C) and are stable until: see package label. Storage at lower temperatures may cause precipitation of salts. If precipitation occurs, incubate the bottle for several minutes at about 30–40 °C and mix well until the precipitate is redissolved.

Before starting any **NucleoSpin® totalRNA FFPE (XS)** protocol prepare the following:

- **RNase-free rDNase:** Add the indicated volume of Reaction Buffer for rDNase to the rDNase vial and incubate for 1 min at room temperature. Gently swirl the vial to completely dissolve the rDNase. Be careful not to mix the enzyme too vigorously as rDNase is sensitive to mechanical agitation. Dispense into aliquots and store at -20 °C. The frozen working solution is stable for at least 6 months. Do not freeze/thaw the aliquots more than three times.
- **Wash Buffer MW2:** Add the indicated volumes of 96–100 % ethanol to the MW2 concentrate. Stored at room temperature, the buffer is stable for at least one year.

| | **NucleoSpin® totalRNA FFPE** | | |
|---|---|---|---|
| **REF** | **10 preps<br>740982.10** | **50 preps<br>740982.50** | **250 preps<br>740982.250** |
| Wash Buffer MW2 (Concentrate) | 6 mL<br>Add 24 mL<br>96–100 % ethanol | 25 mL<br>Add 100 mL<br>96–100 % ethanol | 100 mL<br>Add 400 mL<br>96–100 % ethanol |
| RNase-free rDNase (lyophilized) | 1 vial (size A)<br>Add 0.75 mL<br>Reaction Buffer for rDNase | 1 vial (size C)<br>Add 3 mL<br>Reaction Buffer for rDNase | 5 vials (size C)<br>Add 3 mL<br>Reaction Buffer for rDNase to each vial |

| | NucleoSpin® totalRNA FFPE XS | | |
|---|---|---|---|
| **REF** | **10 preps**<br>**740982.10** | **50 preps**<br>**740982.50** | **250 preps**<br>**740982.250** |
| Wash Buffer MW2 (Concentrate) | 6 mL<br>Add 24 mL<br>96–100 % ethanol | 25 mL<br>Add 100 mL<br>96–100 % ethanol | 100 mL<br>Add 400 mL<br>96–100 % ethanol |
| RNase-free rDNase (lyophilized) | 1 vial (size A)<br>Add 0.75 mL<br>Reaction Buffer for rDNase | 1 vial (size C)<br>Add 3 mL<br>Reaction Buffer for rDNase | 3 vials (size C)<br>Add 3 mL<br>Reaction Buffer for rDNase to each vial |

# 4 Safety instructions

When working with the **NucleoSpin® totalRNA FFPE (XS)** kit wear suitable protective clothing (e.g., lab coat, disposable gloves, and protective goggles). For more information consult the appropriate Material Safety Data Sheets (MSDS available online at ***www.mn-net.com/msds***).

The waste generated with the **NucleoSpin® totalRNA FFPE (XS)** kit has not been tested for residual infectious material. A contamination of the liquid waste with residual infectious material is highly unlikely due to strong denaturing lysis buffer and Proteinase K treatment but it cannot be excluded completely. Therefore, liquid waste must be considered infectious and should be handled and discarded according local safety regulations.

## 4.1 Disposal

Dispose hazardous, infectious or biologically contaminated materials in a safe and acceptable manner and in accordance with all local and regulatory requirements.

# 5 Protocols

## 5.1 NucleoSpin® totalRNA FFPE

Before starting the preparation:

Check that rDNase and Buffer MW2 were prepared according to section 3.

Set incubator(s) to 56 °C (for paraffin melting and lysis step) and 80 °C (for decrosslink step).

Please note that lysis step 3A is the standard method for most common sample materials while lysis step 3B is utilized for difficult to lyse cells

**1 Sample preparation**

Insert FFPE section(s) in a microcentrifuge tube (not provided with the kit).

**2 Deparaffinize sample**

Add **1 mL Paraffin Dissolver** to the sample.

**+ 1 mL Paraffin Dissolver**

Incubate **5 min** at **56 °C** (to melt the paraffin).

**56 °C, 5 min**

**Vortex** the hot sample.

**Vortex hot sample**

*Make sure that paraffin completely melts during the heat incubation step and mix well after melting to completely dissolve the paraffin.*

**16,000 x *g*, 2 min**

Centrifuge sample for **2 min** at **16,000 x *g*.**

! *Attention: Check Buffer MLF prior to use! If a white precipitate is visible, heat the buffer for several minutes at 30–40 °C until the precipitate is completely dissolved and mix thoroughly.*

**+ 170 µL MLF**

Add **170 µL Buffer MLF**. Do not mix!

**16,000 x *g*, 2 min**

Centrifuge sample for **2 min** at **16,000 x *g***.

Remove and discard Paraffin Dissolver by pipetting it off.

**Remove Paraffin Dissolver**

*Note: Slight residues of Paraffin Dissolver do not affect the following steps.*

**3 A) Lyse sample – method A**
(perform method 3 A or 3 B) "Quick protocol"

**+ 15 µL Proteinase K**

Add **15 µL Proteinase K**.

**Mix gently**

Mix by gently shaking or pipetting up and down. Do not vortex!

**56 °C, 15 min**

Incubate for 15 **min** at **56 °C** to lyse sample tissue.

*If tissue is still visible, continue incubation until sample is digested.*

| | | |
|---|---|---|
| | Add **15 µL Buffer MKA** and vortex briefly.<br>Incubate for **5 min** on **ice**.<br>Centrifuge for **5 min** at **16,000 x *g***. |  <br>**+ 15 µL MKA**<br>**Vortex**<br>**0 °C, 5 min**<br>  <br>**16,000 x *g*,**<br>**5 min** |
| | Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).<br>Incubate at **80 °C** for exactly **15 min**.<br>*Shorter incubation or lower temperature leads to incomplete decrosslinking. Longer incubation might lead to degradation of RNA.* |  <br>**Transfer sample**<br>**80 °C, 15 min** |
| **3** | **B) Lyse sample – method B**<br>(perform method 3 A or 3 B) "Protocol for diffcult to lyse samples"<br>Add **15 µL Proteinase K**.<br>Mix by gently shaking or pipetting up and down. Do not vortex!<br>Incubate for **90 min** at **56 °C** to lyse sample tissue.<br>*If tissue is still visible, continue/ increase incubation time up to overnight until sample is digested.* |  <br>**+ 15 µL Proteinase K**<br>**Mix gently**<br>**56 °C, 90 min** |
| | Add **15 µL Buffer MKA** and vortex briefly.<br>Incubate for **5 min** on **ice**.<br>Centrifuge for **5 min** at **16,000 x *g***. |  <br>**+ 15 µL MKA**<br>**Vortex**<br>**0 °C, 5 min**<br>  <br>**16,000 x *g*,**<br>**5 min** |
| | Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided). |  <br>**Transfer sample** |
| **4** | **Adjust binding conditions**<br>Add **500 µL Buffer MX** and **mix** by vortexing (2 x 5 s).<br>Incubate for **1 min** at **room temperature**. |  <br>**+ 500 µL MX**<br>**Vortex**<br>**RT, 1 min** |

**5 Bind RNA**

Place a **NucleoSpin® RNA Column** in a new **Collection Tube (2 mL)**.

Load sample onto the column and centrifuge for **15 s** at **16,000 x *g***.

Discard flowthrough and place the column back into the collection tube.

**Load sample**

**16,000 x *g*, 15 s**

**6 Wash and dry silica membrane**

**1st wash**

Add **700 µL Buffer MW2** to the NucleoSpin® RNA Column.

Centrifuge for **15 s** at **16,000 x *g***.

Discard flowthrough and place the column back into the collection tube.

**+ 700 µL MW2**

**16,000 x *g*, 15 s**

**2nd wash**

Add **250 µL Buffer MW2** to the NucleoSpin® RNA Column.

Centrifuge for **1 min** at **16,000 x *g*** to dry the membrane completely.

*If the flowthrough in the collection tube has touched the NucleoSpin® RNA Column after 2nd wash, discard flowthrough and centrifuge again.*

**+ 250 µL MW2**

**16,000 x *g*, 1 min**

**7 *Optional:* Digest DNA**

Add **50 µL rDNase** directly onto the silica membrane of the NucleoSpin® RNA Column.

Incubate at **room temperature** for **15 min**.

**+ 50 µL rDNase**

**RT, 15 min**

Add **100 µL Buffer MX**.

**+ 100 µL MX**

Incubate for **1 min** at **room temperature**.

**RT, 1 min**

Centrifuge for **15 s** at **16,000 x *g***.

**16,000 x *g*, 15 s**

Discard flowthrough and place the column back into the collection tube.

**1st wash**

Add **700 µL Buffer MW2** to the NucleoSpin® RNA Column.

**+ 700 µL MW2**

Centrifuge for **15 s** at **16,000 x *g***.

**16,000 x *g*, 15 s**

Discard flowthrough and place the column back into the collection tube.

**2nd wash**

Add **250 µL Buffer MW2** to the NucleoSpin® RNA Column.

**+ 250 µL MW2**

Centrifuge for **1 min** at **16,000 x *g*** to dry the membrane completely.

**16,000 x *g*, 1 min**

*If the flowthrough in the collection tube has touched the NucleoSpin® RNA Column after 2nd wash, discard flowthrough and centrifuge again.*

**8 Elute highly pure RNA**

Place the NucleoSpin® RNA Column in a new **Collection Tube (1.5 mL)**.

**+ 30–50 µL RNase-free $H^2O$**

Add 30 µL (for high concentration) or 50 µL (for high yield) RNase-free $H_2O$ to the column.

**RT, 1 min**

Incubate for **1 min** at room temperature.

**16,000 x *g*, 1 min**

Centrifuge for **1 min** at **16,000 x *g***.

Keep the eluted RNA on ice or freeze at -20 °C (short-term storage) or -70 °C (long-term storage).

## 5.2 NucleoSpin® totalRNA FFPE XS

Before starting the preparation:

Check that rDNase and Buffer MW2 were prepared according to section 3.

Set incubator(s) to 56 °C (for paraffin melting and lysis step) and 80 °C (for decrosslink step).

Please note that lysis step 3A is the standard method for most common sample materials while lysis step 3B is utilized for difficult to lyse cells

**1 Sample preparation**

Insert FFPE section(s) in a microcentrifuge tube (not provided with the kit).

**2 Deparaffinize sample**

Add **1 mL Paraffin Dissolver** to the sample.

**+ 1 mL Paraffin Dissolver**

Incubate **5 min** at **56 °C** (to melt the paraffin).

**56 °C, 5 min**

**Vortex** the hot sample.

**Vortex hot sample**

*Make sure that paraffin completely melts during the heat incubation step and mix well after melting to completely dissolve the paraffin.*

**16,000 x *g*, 2 min**

Centrifuge sample for **2 min** at **16,000 x *g***.

! *Attention: Check Buffer MLF prior to use! If a white precipitate is visible, heat the buffer for several minutes at 30–40 °C until the precipitate is completely dissolved and mix thoroughly.*

**+ 140 µL MLF**

Add **140 µL Buffer MLF**. Do not mix!

**16,000 x *g*, 2 min**

Centrifuge sample for **2 min** at **16,000 x *g***.

Remove and discard Paraffin Dissolver by pipetting it off.

*Note: Slight residues of Paraffin Dissolver do not affect the following steps.*

**Remove Paraffin Dissolver**

**3 A) Lyse sample – method A**
(perform method 3 A or 3 B) "Quick protocol"

**+ 12 µL Proteinase K**

Add **12 µL Proteinase K**.

**Mix gently**

Mix by gently shaking or pipetting up and down. Do not vortex!

Incubate for **15 min** at **56 °C** to lyse sample tissue.

**56 °C, 15 min**

*If tissue is still visible, continue incubation until sample is digested.*

| | | | |
|---|---|---|---|
| | Add **12 µL Buffer MKA** and vortex briefly.<br>Incubate for **5 min** on **ice**.<br>Centrifuge for **5 min** at **16,000 x *g***. |  | **+ 12 µL MKA**<br>**Vortex**<br>**0 °C, 5 min**<br>**16,000 x *g*, 5 min** |
| | Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).<br>Incubate at **80 °C** for exactly **15 min**.<br>*Shorter incubation or lower temperature leads to incomplete decrosslinking. Longer incubation might lead to degradation of RNA.* |  | **Transfer sample**<br>**80 °C, 15 min** |
| **3** | **B) Lyse sample – method B**<br>(perform method 3 A or 3 B) "Protocol for diffcult to lyse samples"<br>Add **12 µL Proteinase K**.<br>Mix by gently shaking or pipetting up and down. Do not vortex!<br>Incubate for **90 min** at **56 °C** to lyse sample tissue.<br>*If tissue is still visible, continue/ increase incubation time up to overnight until sample is digested.* |  | **+ 12 µL Proteinase K**<br>**Mix gently**<br>**56 °C, 90 min** |
| | Add **12 µL Buffer MKA** and vortex briefly.<br>Incubate for **5 min** on **ice**.<br>Centrifuge for **5 min** at **16,000 x *g***. |  | **+ 12 µL MKA**<br>**Vortex**<br>**0 °C, 5 min**<br>**16,000 x *g*, 5 min** |
| | Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided). |  | **Transfer sample** |
| **4** | **Adjust binding conditions**<br>Add **400 µL Buffer MX** and **mix** by vortexing (2 x 5 s).<br>Incubate for **1 min** at **room temperature**. |  | **+ 400 µL MX**<br>**Vortex**<br>**RT, 1 min** |

**5 Bind RNA**

Place a **NucleoSpin® RNA FFPE XS Column** in a new **Collection Tube (2 mL)**.

Load sample onto the column and centrifuge for **15 s** at **16,000 x *g***.

Discard flowthrough and place the column back into the collection tube.

**Load sample**

**16,000 x *g*, 15 s**

**6 Wash and dry silica membrane**

**1st wash**

Add **400 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **15 s** at **16,000 x *g***.

Discard flowthrough and place the column back into the collection tube.

**+ 400 µL MW2**

**16,000 x *g*, 15 s**

**2nd wash**

Add **200 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **1 min** at **16,000 x *g*** to dry the membrane completely.

*If the flowthrough in the collection tube has touched the NucleoSpin® RNA FFPE XS Column after 2nd wash, discard flowthrough and centrifuge again.*

**+ 200 µL MW2**

**16,000 x *g*, 1 min**

**7 *Optional:* Digest DNA**

Add **25 µL rDNase** directly onto the silica membrane of the NucleoSpin® RNA FFPE XS Column.

Incubate at **room temperature** for **15 min**.

**+ 25 µL rDNase**

**RT, 15 min**

Add **50 µL Buffer MX**.

Incubate for **1 min** at **room temperature**.

Centrifuge for **15 s** at **16,000 x *g***.

Discard flowthrough and place the column back into the collection tube.

**+ 50 µL MX**

**RT, 1 min**

**16,000 x *g*, 15 s**

**1st wash**

Add 400 µL Buffer MW2 to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for 15 s at 16,000 x *g*.

Discard flowthrough and place the column back into the collection tube.

**+ 400 µL MW2**

**16,000 x *g*, 15 s**

**2nd wash**

Add 200 µL Buffer MW2 to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for 1 min at 16,000 x *g*.

Discard flowthrough and place the column back into the collection tube.

Centrifuge for 5 min at 16,000 x *g* to dry the membrane.

**+ 200 µL MW2**

**16,000 x *g*, 1 min**

**16,000 x *g*, 5 min**

**8 Elute highly pure RNA**

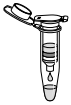
Place the NucleoSpin® RNA FFPE XS Column in a new **Collection Tube (1.5 mL)**.

Add **5 µL** (for high concentration) to **30 µL** (for high yield) **RNase-free $H_2O$** to the column.

Incubate for **1 min** at **room temperature**.

Centrifuge for **1 min** at **16,000 x *g***.

Keep the eluted RNA on ice or freeze at -20 °C (short-term storage) or -70 °C (long-term storage).



**+ 5–30 µL RNase-free $H_2O$**

**RT, 1 min**

**16,000 x *g*, 1 min**

## 5.3 DNA digestion in the RNA eluates

**Comments on DNA removal:**

Although the on-column rDNase digest in the standard protocol is very efficient, there are still certain applications which require even lower quantities of residual DNA.

For example, RT-PCR reactions with primers that do not differentiate between cDNA (derived from RNA) and contaminating genomic DNA.

DNA digestion in solution can efficiently degrade contaminating DNA. This requires stringent RNase control and optionally repurification of the RNA (in order to remove buffer, salts, DNase, and digested DNA).

The high quality, RNase-free, recombinant DNase (rDNase) provided with the kit facilitates such a digestion in solution.

| | |
|---|---|
| **A** | **Digest DNA (Reaction setup)**<br><br>Add **1/10 volume of rDNase** (dissolved in Reaction Buffer for rDNase) to the eluted RNA (e.g., add 3 µL enzyme to 30 µL RNA eluate). |
| **B** | **Incubate** for **10 min** at **37 °C.** |
| **C** | **Inactivate rDNase**<br><br>Incubate the sample for **5 min** at **75 °C** to inactivate the rDNase. Put the sample on ice.<br><br>*In most cases a further purification (in order to remove inactivated rDNase, buffer and salts) is not necessary. If nevertheless a repurification is required, NucleoSpin® RNA Clean-up XS is recommended (see section* 6.2 *ordering information).* |

# 6 Appendix

## 6.1 Troubleshooting

| Problem | Possible cause and suggestions |
|---|---|
| Poor RNA quality or yield | *RNase contamination*<br>• Create an RNase-free working environment. Wear gloves during all steps of the procedure. Change gloves frequently. Use sterile, disposable polypropylene tubes and filter tips. Keep tubes closed whenever possible during the preparation. Glassware should be oven-baked for at least 2 hours at 250 °C before use.<br>*Poor sample quality*<br>• Sample quality very much influences the obtainable RNA amount and quality. For aspects concering sample harvest, fixation, embedding, and storage refer to: Castiglione F. et al. (2007), Chung J.Y. et al. (2008), Leyland-Jones B.R. et al. (2008), von Ahlfsen S. et al. (2007), von Maldegem F. et al. (2008).<br>*Reagents not applied or restored properly*<br>• Always dispense exactly the buffer volumes given in the protocols!<br>• Always follow the given instructions closely, with specific attention paid to order and mode of mixing (shaking, vortexing, etc).<br>• Add the indicated volume of 96–100 % ethanol to Buffer MW2 Concentrate and mix thoroughly.<br>• Store kit components at room temperature. Storage at lower temperatures may cause salt precipitation. If precipitation occurs, incubate the bottle for several minutes at about 30–40 °C and mix well until the precipitate is redissolved.<br>• Keep bottles tightly closed in order to prevent evaporation or contamination. |
| | *Ionic strength and pH influence $A_{260}$ absorption as well as ratio $A_{260}/A_{280}$*<br>• For absorption measurement, use 5 mM Tris pH 8.5 as diluent. Please also see: Manchester K.L. (1995) and Wilfinger W.W. et al. (1997).<br>*Proteinase digestion time*<br>• Depending of the nature of the sample, an optimal digestion time from 15 min to 3 hours has to be determined empirically. If tissue residues are still visible after 15 min continue the incubation for up to 3 hours. If a large portion of the sample still remains undigested, continue digestion overnight. An overnight incubation is not recommended if the tissue digested well within 3 hours. |

| | |
|---|---|
| Contamination of RNA with genomic DNA | *rDNase not active*<br>• Reconstitute and store lyophilized rDNase according to instructions given in section 3.<br>*rDNase solution not properly applied*<br>• Pipette rDNase solution directly onto the center of the silica membrane and close the lid in order to press the solution into the membrane.<br>*Too much cell material used*<br>• Reduce quantity of cells or tissue used.<br>• Use larger PCR targets (e.g., > 500 bp) or intron spanning primers for RNA analysis.<br>• Use support protocol for subsequent rDNase digestion in the eluate (section 5.3). |
| Suboptimal performance of RNA in downstream experiments | *Carry-over of ethanol or salt*<br>• Do not let the column flowthrough touch the column outlet after the second Buffer MW2 wash. Be sure to centrifuge at the recommended speed and time in order to remove ethanolic Buffer MW2 completely.<br>• Check that Buffer MW2 has been equilibrated to room temperature before use. Washing at lower temperatures lowers efficiency of salt removal.<br>• Depending on the robustness of the RT-PCR system used, RT-PCR might be inhibited if complete eluates are used as template for RT-PCR. Use less eluate as template.<br>*Store isolated RNA properly*<br>• Eluted RNA should always be kept on ice for optimal stability since trace contaminations of omnipresent RNases (general lab ware, fingerprints, dust) will degrade the isolated RNA. For short term storage freeze at -20 °C, for long term storage freeze at -70 °C. |

| | |
|---|---|
| Discrepancy between $A_{260}$ quantification values and PCR quantification values | *Silica abrasion from the membrane*<br>• Due to the typically low RNA content in very small samples and the resulting low total amount of isolated RNA, a RNA quantification via $A_{260}$ absorption measurement is often hampered due to the low sensitivity of the absorption measurement. When performing absorption measurements close to the detection limit of the photometer, the measurement may be influenced by minor amounts of silica abrasion. In order to prevent incorrect $A_{260}$-quantification of small RNA amounts centrifuge the eluate for 30 s at > 11,000 x *g* and take an aliquot for measurement without disturbing any sediment. Alternatively, use a silica abrasion insensitive RNA quantification method (e.g., RiboGreen® fluorescent dye). |
| Unexpected $A_{260}/A_{280}$ ratio | *Measurement not in the range of photometer detection limit*<br>• In order to obtain a reliable $A_{260}/A_{280}$ ratio it is necessary that the initially measured $A_{260}$ and $A_{280}$ values are significantly above the detection limit of the photometer used. An $A_{280}$ value close to the background noise of the photometer will cause non reliable $A_{260}/A_{280}$ ratios. |

## 6.2 Ordering information

| Product | REF | Pack of |
|---|---|---|
| NucleoSpin® totalRNA FFPE | 740982.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® totalRNA FFPE XS | 740969.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® RNA XS | 740902.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® RNA Clean-up XS | 740903.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® RNA | 740955.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® RNA/Protein | 740933.10/.50/.250 | 10/50/250 preps |
| NucleoSpin® TriPrep* | 740966.10/.50/.250 | 10/50/250 preps |
| rDNase Set | 740963 | 1 |
| Paraffin Dissolver (blue) | 740343.60 | 60 mL |
| Paraffin Dissolver | 740968.25 | 25 mL |
| Collection Tubes (2 mL) | 740600 | 1000 |

Visit ***www.mn-net.com*** for more detailed product information.

* DISTRIBUTION AND USE IN THE USA IS PROHIBITED FOR PATENT REASONS.

## 6.3 References

**Castiglione** F. et al. (2007): Real-time PCR analysis of RNA extracted from formalin-fixed and paraffin-embeded tissues: effects of the fixation on outcome reliability. Appl Immunohistocehm Mol Morphol 15(3): 338–342.

**Chung** J. Y. et al. (2008): Factors in tissue handling and processing that impact RNA obtained from formalin-fixed, paraffin-embedded tissue. Journal of Histochemistry & Cytochemistry. 56(11): 1033–1042.

**Leyland-Jones** B. R. et al. (2008): Recommendations for collection and handling of specimens from group breast cancer clinical trials. J. Clin. Oncol 26(34): 5638–5644.

**Manchester** K.L. (1995): Value of $A_{260}/A_{280}$ ratios for measurement of purity of nucleic acids. Biotechniques 19, 208–209.

**von Ahlfen** S. et al. (2007): Determinants for RNA quality from FFPE samples. PLoS ONE. Issue 12, e1261.

**von Maldegem** F. et al. (2008): Effects of processing delay, formalin fixation, and immunohistochemistry on RNA recovery from formalin-fixed paraffin-embedded tissue sections. Diagn Mol Pathol. 17(1): 51–58.

**Wilfinger** W.W. et al. (1997): Effect of pH and ionic strength on the spectorophotometric assessment of nucleic acid purity. Biotechniques 22, 474–481.

## 6.4 Product use restriction / warranty

**NucleoSpin® totalRNA FFPE / NucleoSpin® totalRNA FFPE XS** kit components are intended, developed, designed, and sold FOR RESEARCH PURPOSES ONLY, except, however, any other function of the product being expressly described in original MACHEREY-NAGEL product leaflets.

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ONLY MACHEREY-NAGEL products specially labeled as IVD are also suitable for IN VITRO-diagnostic use. Please pay attention to the package of the product. IN VITRO-diagnostic products are expressly marked as IVD on the packaging.

IF THERE IS NO IVD SIGN, THE PRODUCT SHALL NOT BE SUITABLE FOR IN VITRO-DIAGNOSTIC USE!

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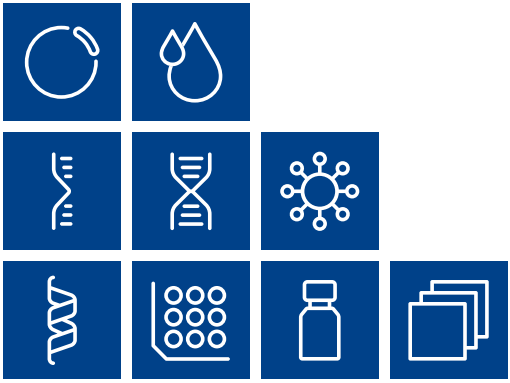

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